#### The Students' Prospective on Starting at University: Results of a National Questionnaire

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**Starting at University Questionnaire**  Took place in autumn term, 2008 It was intended as a pilot survey of engineering student opinion - In particular, examining the experiential differences between students staying at home and those living away from home In the event, it turned out much bigger than expected We are very grateful to all that helped to administer the questionnaire

#### **The Coverage**

15 universities took part Broad range of university type and geographical location -Broad range of engineering subjects • 1521 students responded -14% female -22% from outside UK

#### **The Closed Questions**

- Home: inside or outside UK?
- Gender?
- Term-time residence: home, with other students or with non-students?
- Travel time?
- Ease of making friends?
- Problem understanding lecture.
   Who do you ask first?



## **Making Friends**

Ease of making friends versus term-time residence





### **Making Friends**

Ease of making friends versus travel time





#### **Making Friends**

#### Ease of making friends versus home domicile





#### **The Open Questions**

 What has turned out better than expected?

• What has turned out worse?

 What could the University do to make starting at university better?

#### **Student Replies**

- An enormous number of comments
- Ranging from the impossibly unrealistic:
  - Provide free food or free beer, no fees, no lectures, etc.
- . . . to the sensible and practical:
  - Provide contact with other years, undertake group work in first week, provide after-uni classes, etc.
- There were a number of common themes to the replies which painted a rather alarming picture . . .

#### **Your New Students:**

- Apprehensive
- In culture shock
  - "The lectures are completely different from how we are taught at school. I still haven't worked it out."
  - "Freshers' week to 20+ lectures is a bit of a culture shock."
- Mindset still "at school"
  - "... provide free planners."
- Disoriented
  - "... the university is massive. Therefore, it is easy to get lost."

You Cannot Have Too Many **Icebreaker Sessions!**  The demand for more icebreaker sessions was positively *deafening*! More team-building exercises - "... like the LEGO Robots one at the start." Run them just for each course - Students want to get to know their colleagues Be culturally aware - "Arrange freshers' activities that don't involve getting drunk."

- "More social events during the day. Less party based."

#### **Make Induction Student-Centred**

- Long introductory lectures just bore the students
  - "Less welcome lectures to allow people to get to know each other better."
  - "No four-hour talks during freshers' week."
- But give the information the students need to know at that stage
  - "Provide a clearer overview of the course contents and the exam structure/schedule for the year."
  - "Show where all classes/labs are before you go to them."

#### Noses Forced to Grindstone? No Thanks

- The "Hit 'em hard with coursework" approach is not appreciated by students
   Result: unhappy overworked students
  - "Smooth out the transition from A-level to Uni more efficiently, as for the first month or so, I had no idea what was going on in terms of the work."
  - "Give students more time to study not just keeping them busy with reports, assessments, weekly exams, etc."

#### **Ramp Up the Pace Gently**

#### Give students time to adjust

- "Feels like we started easy and jumped to impossible in one lecture."

• Better to:

- "Gradually increase the workload because it can be a bit scary if you are not ready."
- "Gently increase the pressure on tougher subjects."

#### Encourage – Don't Frighten

- Don't knock their achievements
  - "Don't denigrate A Levels."
- Don't discourage
  - "Not give the 'You're going to fail' speech in the first week."
  - "Make the first week at uni more joyful because it felt like we had to settle down to work straight away."
- Don't frighten
  - "Stop saying 'EXAM, EXAM, EXAM'."

#### **Support in the Early Weeks**

- Understand where students are at
  - "Provide lecturers who care if the students understand their module."
  - "The lecturer says 'I can't answer each and every one in the class. Just go and read the books..."
- Provide extra support
  - Both academic and practical guidance frequently requested
  - "Maybe give more time in the first few weeks to help students get settled."
  - "Keep the student advice centre open more often."

# Support in the Early Weeks Hands-on early

– "More practical activities to show how the material taught in lectures applies in real life."

#### • Make it fun!

 "Possibly make first day of engineering lectures more fun."

Help students to adapt to new learning techniques

- "Perhaps running organisation skills workshops could help students plan their work and how to tackle their coursework."

#### **In Conclusion**

- This questionnaire has provided a window into new students' view of university
- New students are in culture shock, disoriented and apprehensive
- Little wonder that so many just drop out!
- Don't let them become alienated right at the beginning of their course
   There is so much we can do to ease their transition to university life